

# REDUCED GLUTEN MENU

Some of our ingredients 'may contain' gluten due to packaging facilities cross contamination.  
Items marked with the \* contain no traces of gluten

## SIDES

### Kimchi (VE) 4

Cabbage, daikon, cucumber

### \*Chilli Crunch Rice (VE) 4

Seeded steamed rice, crunchy chilli oil, spring onion

### \*Cucumber Salad (VE) 4.5

Miso, garlic, sesame, chilli oil, nori

### \*House of Fu Pickles (VE) 4

## RICE BOWLS & SUPER BOWLS

### \*FU Caesar 12.5

Soy glazed chicken, little gem, katsuobushi,  
parmesan, Fu Caesar dressing

### Taco rice 13

Spiced pork mince\*, tomato, cucumber,  
avocado, hot sauce\*, QP mayo, crunchy tortilla  
*make it vegan (ve) with plant based mince\**

### \*California Bowl 14

Nori cured salmon, avocado, cucumber, tomato,  
edamame, Fu pickles, spring onion, shiso  
dressing, sesame, seasoned rice

### \*Roast Beetroot Bowl (VE) 13

Roasted beetroot, avocado, cucumber, tomato,  
edamame, Fu pickles, spring onion,  
shiso dressing, sesame, seasoned rice

The listed menu items contain no gluten however due to precautionary labelling policies from  
our suppliers packaging states the possibility of traces

Please note, while no gluten is used in the preparation of these dishes and cross contami-  
nation is avoided where possible our kitchen is not a gluten free environment